



Practice Area Guidance

Preface

This has been written as a guide and is not meant as definitive. Each Course / Club premises are different to the next and should be viewed with its layout and conditions in mind. Having said that the points set out below should help you lay a safe practice area for your guests to use.

Steps to laying a practice area

Start with a map of your location and plan where you are going to place the practice area.

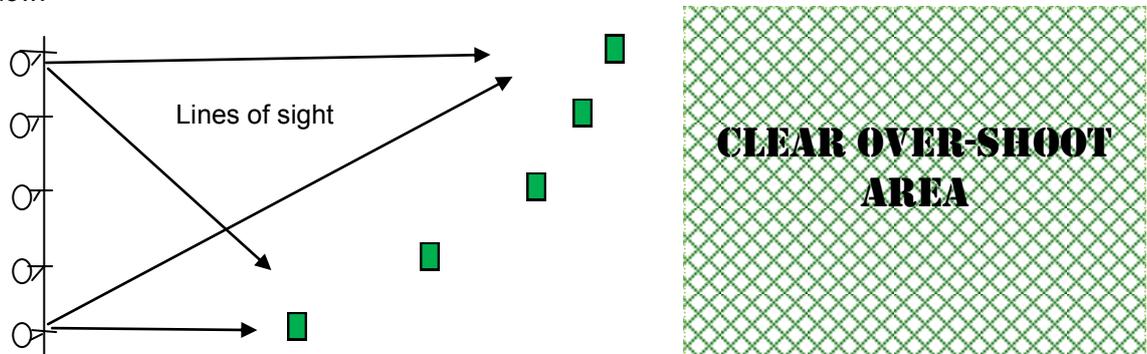
The same consideration should be given to this area as to the course you have laid out in matters of safety. The over shoot must be safe and clear with adequate clearance to take into account the risks of ricochets. The area to either side should be kept clear of people and cars etc. so as to avoid incidents with arrows bouncing back.

Bearing in mind that it is a practice area and not a 'challenging course' it should be clear of obstructions with a clear view of the bosses to be used. Low or obstructive branches, ferns, natural growth etc. should be avoided. Try to avoid dark areas caused by a heavy canopy of trees and foliage as good natural light will enable Archers to set up their bows with more ease.

The area to be used for the Archers to stand and shoot from should be flat and level (where practicable) where they can ensure a good even footing to take their shot. There should be a defined line to shoot from which could be indicated by marking across the whole length with tape etc. or marked at each end (if a shorter space) by pegs or flags so that the line is easy to identify.

Where large numbers of Archers are involved, it is advisable to have a Marshall in charge to control the shooting of and collection of arrows.

Where multiple bosses are in use that are set to differing distances, consideration should be given to the majority of Archers to avoid them being 'blind sided' to Archers using other bosses as shown below:



This layout will allow right handed Archers (The majority mentioned) to have a clear line of vision to all bosses whether on the far right or the far left of the shooting line.

Points to remember

1. The boss must be hittable
2. It is recommended that the closest boss be at least 10 metres from the shooting line and the farthest no more than 60 metres.
3. Ensure the area in front AND behind is clear.
4. Consider what happens if the arrow misses the target? Will it be easily found?
5. How do the group arrive at and move away from the practice area?
6. Have you allocated a controlling Marshall for the practice area?

Remember: There is nothing you have to do in Archery that cannot be done safely

